



Videos

Anti-ageist theatre workshop

On January 31st 2024, Núria Casado, Inesa Shevchenko, and Guillem Mas conducted an anti-ageist theatre workshop at the Aula Municipal de Teatre de Lleida, Lleida's municipal drama school, as one of the special sessions of the school's 'Creative Week'. With participants of a wide variety of ages, ranging from 12 to 49 years old, the researchers resorted to various drama activities and led a series of discussions that enabled the group to delve into the exploration of their own age and that of others. In it, participants had the opportunity to observe and actively engage in the dual role that theatre plays, serving both as a reinforcement of cultural beliefs and a catalyst for generating social change.